

Counseling Information for Foreigners / A Guide to Japanese Language Classes for Foreigners

外国人のための相談窓口/日本語教室 (英語版)

Counseling Information for Foreigners (Updated April, 2010)

外国人のための相談窓口 (2010年4月現在)

Please use the following information as a guide for foreign language counseling within Tochigi and the Kanto region.



Tochigi Prefecture International Affairs Division

○ General Information Consultation (一般的な総合相談)

*Abbreviations: E=English, S=Spanish, P=Portuguese, C=Chinese, G=German, TIA=Tochigi International Association

Organization	Phone	Days and Times Available		Languages Spoke
TIA Counseling Office	028-627-3399	Tue-Sat	9:00~16:00	E-P-S Other languages available after consultation
Utsunomiya City International Exchange Association	028-632-2834	Thu	9:00~12:00 14:00~17:00	P-S P-S
		2 nd Thu of month (Following week if holiday)	9:00~12:00 14:00~17:00	C E-Thai
Utsunomiya City International Exchange Association	028-616-1564	Mon	15:00~18:00	P-S
		Tue	15:00~18:00	C
		Wed	15:00~18:00	Thai
		Fri	15:00~18:00	E
		4 th Sunday	15:00~18:00	E-C-P-S-Thai
Ashikaga International Association Counseling for Foreigners (Daily Living)	0284-43-2412	Mon-Fri	9:00~16:00	E-C-Tagalog-Korea
Tochigi City International Association (Foreigner Counseling Office)	0282-25-3792	Tue-Fri	9:00~17:00	S
		Mon	9:00~17:00	S
		Mon, Wed & Thu	10:00~15:00	E Other languages available after consultation
Ohira Neighborhood Center Janese Course (Daily Living)		3 rd Saturday (Current Janese Course only)	20:00~22:00	E-C-P-S-Malaysian
Sano City Consultation Desk For Foreigners	0283-61-1159	7/28, 10/27, 1/26	14:00~16:00	S
		8/25, 11/24, 2/23	14:00~16:00	P
		9/22, 12/22, 3/23	14:00~16:00	C
Kanuma city International Association	0289-63-2264	1 st & 3 rd Tue (will change on holidays)	10:00~12:00	P-S
Coordinator of International Relations, Nikko City Tourism and Exchange Division (Daily Living)	0288-21-5196	Mon-Fri	9:00~17:00	E
Oyama City Counseling for Foreigners living in Oyama (Government Procedures, Daily Life)	0285-22-9439	Mon-Fri	8:30~17:15 Maybe closed on unscheduled basis	P-S
Moka International Association	0285-83-8719	Mon-Fri	8:30~17:15	P-S
Yaita city counseling for Foreigners	0287-43-1112	1 st Thursday	10:00~12:00	P-S
Nasushiobara city International Association	0287-74-3401	Mon-Fri	9:00~16:00	P
Kiyohara Area Int'l Association (Daily Living, Labor, Govt. Procedures)	028-667-0384	Mon	20:30~22:00	P
Oyama Int'l Association Oifa	0285-25-6510	Mon-Fri	8:30~17:00	E-C
Tochigi-Indonesia Friendship Society	028-658-4080 090-4714-2285	Everyday		Indonesian
Global Group (Daily Life Info)	0289-76-3393	Everyday		E-S
Otawara Int'l. Association. (Daily Living, Labor, Govt. Procedures)	0287-22-5353	Wed	10:00~16:00	E-Thai
ICCLA Inter-Cultural Community Life Association	028-655-0143	Mon-Fri	9:00~15:00	E

※ Living Information for foreigners is also available on the Internet:

URL : <http://www.pref.tochigi.lg.jp/life/kokusai/zenpan/welcome.html>

○ Specialized Counseling (専門分野に関する相談)

[Health/Medical Care] (健康・医療)

Organization	Phone	Day and Times Available		Languages Spoken
TIA Mental Health Consultation	028-627-3399 (Appointment System)	1 st and 3 rd Tue	15:00~16:00	E-P-S, Other languages available after consultation
Fukuda Memorial Hospital	0285-84-1171	Mon-Fri	9:00~17:00	P-S
AMDA International Medical Information Center	03-5285-8088	Everyday	9:00~20:00	E-C-S-Korean-Thai
		Wed	13:00~17:00	Tagalog
		Mon, Wed, Fri	9:00~17:00	P
		Once a Week		Vietnamese (Please consults beforehand)

[Legal] (法律)

Organization	Phone	Day and Times Available		Languages Spoken
Tochigi Prefecture International Exchange Association	028-627-3399 (Appointment System)	First Tue of the month (3 rd Tue if holiday)	10:00~12:00	E-P-S, Other languages available after consultation

[Resident Status] (在留資格)

Organization	Phone	Day and Times Available		Languages Spoken
TIA Immigration Residency Naturalization Consultation	028-627-3399 (Appointment System)	2 nd Wed (In case of Holiday- 4 th Wed)	10:00~12:00	E-P-S, Other languages available after consultation
Utsunomiya City International Exchange Plaza Free Public Notary Consultation (Resident Status, Nationality, Naturalization, Marriage, Divorce, Childbirth)	028-616-1564	3 rd Mon (When date lands on holiday, will take place on 4 th Monday)	15:00~17:00	Please reserve beforehand
Ashikaga Counseling for Resident Status	0284-43-2411	2 nd Wed	13:30~16:30	E-C-P-S- Tagalog
Taiwan Friendship Association	028-624-9809	Everyday		C
Foreign Residence General Information Center	03-5796-7112	Mon-Fri (Closed on holidays)	8:30~17:00	Prior reservations required for counseling in a foreign language

[Human Rights Counseling] (人権相談)

Organization	Phone	Day and Times Available		Languages Spoken
Tokyo Judicial Affairs Bureau, Human Rights Counseling	03-5213-1372	Mon (Wed, if Mon falls on a holiday)	13:30~16:00	C
		Tue and Thu	13:30~16:00	E-G

[Labor Conditions] (労働条件)

Organization	Phone	Day and Times Available		Languages Spoken
Tochigi Labor standards supervision office	0282-24-7766	Wed, except 5 th Wed	8:45~16:30	C
Tochigi Labor Bureau Inspection Division	028-634-9115	Mon and Thu, except 2 nd and 4 th Thu	8:45~16:30	P
Otawara Labor Standards Supervision Authority	0287-22-2279	2 nd and 4 th Thu	8:45~16:30	P

[Employment] (就職)

Organization	Phone	Day and Times Available		Languages Spoken
Utsunomiya Public Employment Security Office, Eki-Mae Plaza	028-623-8609	Mon, Wed, Fri	13:00~17:00	P-S
Moka Public Employment Security Office	0285-82-8655	Tue, Wed, Thur	9:00~12:00 13:00~17:00	P-S

[Tourism] (観光)

Organization	Phone	Day and Times Available		Languages Spoken
JR Utsunomiya Station Guide Location	028-636-2117	All Year	8:30~20:00	E
Nikko Kyodo Center	0288-54-2496	Everyday (Mon~Thurs during Winter)	(April to Nov) 10:00~14:00 (Dec to March) 11:00~14:00	E
Tobu Nikko Station Tourism Office	0288-53-4511	Everyday (Open Fri-Sun during Winter)	(April to Nov) 9:00~13:00 (Dec to March) 9:00~12:00	E Please check E-S